

BLUE THRU AND THRU



M A T C H D A Y P R O G R A M M E O F B A R K I N G F C



WEST ESSEX FC

FRIDAY SEPTEMBER 6TH 2024

ESSEX SENIOR LEAGUE

KICK OFF 7:45PM



EDITOR'S CORNER

Barking V West Essex

Good evening everyone, and welcome to Lawtech Stadium for this Essex Senior League tie against West Essex!

We return to Essex Senior League action tonight after a pulsating replay against St Neots Town in the FA Cup 1st Qualifying Round during which we ran out 3-2 winners after extra time. Our goals came from Izzy Bademosi, Teddy Stacey and Jalen Johnson. A full report of the tie can be found on page 4! The win means we travel to Isthmian North side Gorleston in the next round, and tie will take place on Saturday 14 September. Please note that Gorleston play their fixtures at the home of Great Yarmouth. Tonight's programme also contains information as to previous fixtures against West Essex as long as other fixtures on this day.



We would also like to wish all fans and players of West Essex as well as the officials and any neutrals a safe journey home from Lawtech Stadium tonight.

Come on you Blues!

Penned by programme editor Trevor Gilbert

Disclaimer: Please note any opinion, statement or views expressed in this programme are those of the various contributors and are not necessarily endorsed by Barking Football Club.

LAWTECH STADIUM GROUND RULES

All persons entering Lawtech Stadium on match days are only admitted subject to these rules and regulations. The club reserves the right to eject from the ground, and prosecute if thought appropriate; any person who within the club's premises is considered by the club to be in breach of the following:

- 1: Entering the ground by any means other than through the proper turnstiles or gates.
- 2: Entering the field of play before, during or after the game.
- 3: Using obscene or abusive language or persistent swearing likely to cause offence.
- 4: Using terms of abuse, racial or otherwise, likely to offend.
- 5: Being drunk or under the influence of alcohol or drugs.
- 6: Making vulgar or obscene gestures.
- 7: Carrying any offensive object or throwing any article onto the field of play.
- 8: No glass bottles, drinking glasses or other such article or object to be permitted.
- 9: Sitting on the perimeter fence is not permitted. All vehicles are parked at the owner's/ driver's risk.
- 10: Spectators are not permitted to bring or play with Footballs in the stadium

CLUB HONOURS

Barking FC are steeped in history and below are our major honours, for a full list please visit www.barking-fc.co.uk

Isthmian League - Champions	1978/79
Essex Senior League - Champions	2016/17
Athenian League - Champions	1934/35
London League Premier - Champions	1920/21
London League Division One - Champions	1909-10
FA Non-League Team of the Year	1978/79
FA Cup - Second Round Proper	1978/79, 1979/80, 1981/82, 1983/84
FA Amateur Cup - Runners Up	1926/27
FA Trophy best - Second Round	1979/80
FA Vase Best - Fifth Round (Last 16)	1996/97
London Senior Cup - Winners	1911/12, 1920/21, 1926/27, 1978/79
Essex Senior Cup – Winners	1893/94, 1895/96, 1919/20, 1945/46, 1962/63, 1969/70, 1989/90
East Anglian Cup - Winners	1937/38, 1953/54 (Shared)
Essex Thameside Trophy – Winners	1952/53 (Shared), 1956/57, 1958/59, 1996/97
Gordon Brasted Trophy - Winners	2014/15
Errington Challenge Cup – Winners	2022/23
Dylon Shield Winners	1979/80
Essex Senior League Reserve Division – Champions	2011/12

The club has also been Champions in the following competitions:

Essex Elizabethan Trophy, Essex Intermediate Cup, East Anglian Cup, South Essex League, Leyton & District League, London Charity Cup/ Eastern Floodlight Cup, Essex Floodlight Cup, Mithras Cup and the Premier Midweek league.



BARKING 3-2 ST NEOTS TOWN (AET)

Tuesday 3 September 2024 – FA Cup 1st Qualifying Round Replay – Report by Terry Gilbert

In a match that mirrored Saturday's excitement, Barking pulled off a remarkable comeback to turn a 1-0 deficit into a thrilling 3-2 win over St Neots Town, all while playing the entirety of extra time with ten men. Max Spence's heroic penalty save in added time helped to ensure Barking's place in the second qualifying round of the FA Cup, against Gorleston on September 14th. With Athletic Newham's elimination, we remain the last Essex Senior League club standing in this year's competition.

While the Blues may have some luck on their side, their relentless spirit and refusal to give up were evident throughout the match. There was only one change to the starting eleven, with Bradley McDonald replacing James Reynolds.

Barking started brightly, creating the first chance in the third minute when a throw-in caused problems for the St Neots defence. Andy Greenslade played the ball to Bradley McDonald, whose shot was well saved by James Goff in the Saints goal. Five minutes later, a ball forward from Juwon Akintunde found Izzy Bademosi in space, but his effort was cleared away. Despite enjoying the majority of the attacking play, Barking couldn't find the breakthrough.

Their failure to capitalise proved costly. In the 13th minute, hesitation in the Barking defence allowed St Neots to seize possession and Michael Amaeshike lashed the ball into the net with a superb finish to put the visitors 1-0 up. After conceding, Barking struggled to regain their rhythm. St Neots looked dangerous on the counter, and the home side found it difficult to keep possession of the ball, resulting in more half-chances for the visitors. Marcel McDonald came close to levelling the score on the half-hour mark after being set up by Greenslade, but his shot went wide. Bradley McDonald also had a good chance in the 41st minute, but his effort skimmed the bar on the way over. Barking went into halftime a goal down.

The second half saw Barking dominate possession, while St Neots were content to sit back and counterattack. As the hour mark approached, the game became increasingly heated, with tempers flaring and the intensity rising. Despite both teams' efforts, neither looked likely to score again – until like on Saturday Barking strike, with seventeen minutes left on the clock Jerrold Cobblah crossed into the box, the ball went across the box and the incoming **Izzy Bademosi** fired home for 1-1.

However, the celebrations were short-lived. Just three minutes later, a long ball forward from Goff was headed into Barking's box and James Hatch managed to poke the ball past Spence to restore St Neots' lead. Barking, undeterred, continued to press and were rewarded in the 84th minute. Jay Bacon took a quick free kick, and **Teddy Stacey** reacted first to poke the ball home and level the score again at 2-2.

With tensions boiling, Juwon Akintunde nearly gave Barking the lead in the 87th minute, but his shot was expertly turned over by Goff. The drama peaked in the second minute of added time when Spence committed a foul that resulted in a penalty for St Neots. However, Spence went from villain to hero by guessing correctly and saving Rhys Thorpe's spot kick, keeping Barking in the cup. Minutes later, Barking were reduced to ten men when Miles Smith received a second yellow and subsequent red card for a high challenge. Despite the disadvantage, Barking almost won it at the death as Jalen Johnson ran into the box and squares the ball but the scuffed clearance by Dammy Nickels rebounded to James Reynolds whose shot hit the post.

With the game entering extra time, Barking, down to ten men, showed incredible resolve and managed to find a way to win the tie. Four minutes in, Reynolds twisted and turned into the box and unleashed a shot that Goff turned behind. Then, in the 105th minute, Marcel McDonald drove forward and, although his shot wasn't on target, **Jalen Johnson** was perfectly positioned to run in and fire home what proved to be the winner, making it 3-2 to Barking.

In the second half of extra time, apart from an early blocked shot from Reynolds, most of the play took place in Barking's half. St Neots threw everything forward, but Max Spence, the man of the match, was imperious with his defenders, putting their bodies on the line to repel every St Neots attack, while Johnson and Nelly Martins tried to relieve the pressure by advancing forward whenever possible.

Ultimately, Barking held firm and saw out the final minutes to secure a memorable win. The Blues now move on to face Gorleston in the second qualifying round of the FA Cup on September 14th in Great Yarmouth. Before that, we return to Essex Senior League action at home against West Essex on Friday evening.



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12TH MAN SCHEME

Barking FC are delighted to announce that their 12th man scheme is officially **OPEN**, meaning that fans will be able to contribute to the club financially, with the money ringfenced for the first team playing budget. Importantly, these funds will not be used to replace money that is already in the budget, all monies raised will be an **addition** to our current budget.

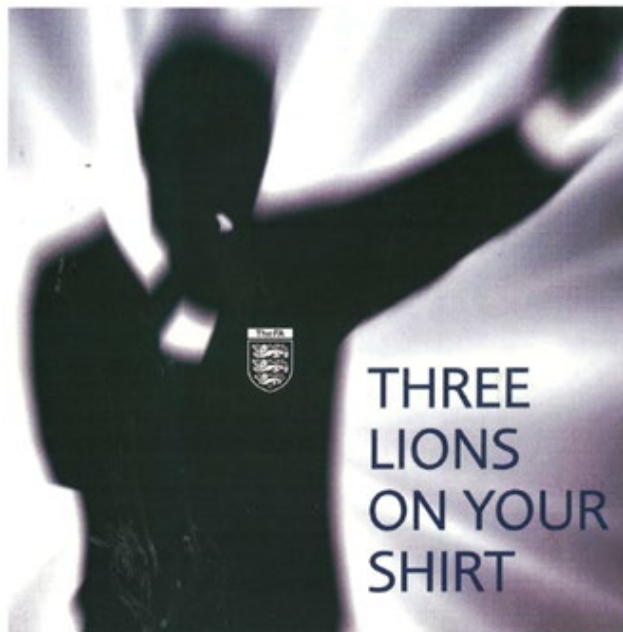
There are a few ways you can contribute:

1) Online Banking – use your online account to set up a monthly standing order. Here are all the details you need:

Name: Barking FC 12th Man
Account Sort Code: 30-93-23
Account Number: 26420160

2) You can also set up a standing order by going into the local branch of your chosen bank. You may be able to set it up solely using the details above, but we would recommend filling out a standing order form and taking that into your branch. The form can be collected on a matchday or found online on the club website.

3) By Post – Some banks also accept postal standing orders – please visit our website and contact your bank for more information.



Due to the ongoing interest in football we are looking for more referees. Should you be interested in getting involved and would like more information, we would like to hear from you.

More details can be found on www.londonfa.com

Contact: Adrian Shorter (London FA)

Tel: 020 7610 8375 to request an Information Pack

Email: adrian.shorter@londonfa.com



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MATCH CENTRE

DATE	OPPONENTS	COMP	SCORE	ATT	GOAL SCORERS
27 Jul 24	FC Clacton	ESL	3-0	146	Akintunde (pen), M. McDonald, John
30 Jul 24	Stanway Rovers	ESL	1-1	102	Bademosi
03 Aug 24	Tring Athletic	FACEPR	1-1	196	Edwards
06 Aug 24	Tring Athletic	FACEPR R	1-0	108	Own Goal
10 Aug 24	Takeley	ESL	1-3	82	M. McDonald
17 Aug 24	Redbridge	FAC PR	1-0	133	Akintunde
24 Aug 24	FC Baresi	FAV1QR	4-0	73	B. McDonald (x2), Akintunde (x2)
31 Aug 24	St Neots Town	FAC 1Q	2-2	338	Akintunde, Own Goal
3 Sept 24	St Neots Town	FAC 1Q R	3-2	93	Bademosi, Stacey, Johnson
6 Sep 24	West Essex	ESL			
10 Sep 24	Ilford	ESL			NOTE: TO BE POSTPONED
14 Sep 24	Gorleston	FAC 2Q			
17 Sept 24	Frenford	ESL			
21 Sept 24	Takeley	FAV 2Q			
28 Sep 24	Benfleet	ESL			
05 Oct 24	Little Oakley	ESL			
08 Oct 24	Haringey Borough	LSC 2R			
12 Oct 24	Halstead Town	ESL			
15 Sep 24	Frenford	ESL			
22 Sep 24	Ilford	ESL			
26 Sep 24	Buckhurst Hill	ESL			
02 Nov 24	Stansted	ESL			
16 Nov 24	Great Wakering Rovers	ESL			
23 Nov 24	Sawbridgeworth Town	ESL			
30 Nov 24	Hullbridge Sports	ESL			
14 Dec 24	Benfleet	ESL			
21 Dec 24	Woodford Town	ESL			
26 Dec 24	Romford	ESL			
04 Jan 25	White Ensign	ESL			
11 Jan 25	Takeley	ESL			
18 Jan 25	Athletic Newham	ESL			
25 Jan 25	Little Oakley	ESL			
01 Feb 25	Halstead Town	ESL			
08 Feb 25	Saffron Walden Town	ESL			
15 Feb 25	Buckhurst Hill	ESL			
22 Feb 25	Stanway Rovers	ESL			
01 Mar 25	Hullbridge Sports	ESL			
08 Mar 25	FC Clacton	ESL			
15 Mar 25	Sawbridgeworth Town	ESL			
22 Mar 25	West Essex	ESL			
29 Mar 25	Athletic Newham	ESL			
05 Apr 25	Stansted	ESL			
12 Apr 25	Romford	ESL			
19 Apr 25	Great Wakering Rovers	ESL			
26 Apr 25	Woodford Town	ESL			
	White Ensign	ESC 1R			
	Saffron Walden Town	ESL			
	FC Clacton	PBMT 1R			
	White Ensign	ESL			

WEST ESSEX

West Essex FC are based in Highams Park, East London. We provide affordable sporting activity for everyone in the local community. At the time of writing, we run semi-professional and development sides in the Essex Senior League, an U18 side in the Southern Counties Floodlit League, 19 boy's teams, 5 girls only teams, a Kickers Soccer School and our SSE Wildcats activities. Our club coaches are also active in the LBWF wider schools' community, providing football activities in schools across the borough in the Easter and Summer Holiday Activity Programme. Our playing membership across all these sections of the club stands at circa 450.

The brainchild of former West Essex Cricket Club stalwarts John Spinks and Richard Saunders, West Essex FC formed in 1989.

After 4 seasons of considerable success in the Ilford & District League, an 'A' team was added for the 1993-94 season and the 1st & Reserve teams moved to the Essex Business Houses League.

In 2007-08, the 1st XI effectively folded, and the club ran one senior side which finished rock-bottom of the EBHFL Division 1. Towards the end of that season, Gary Lefley became involved with the side. Gary forged a strong partnership with existing player/manager Dan Reading and their first full season together proved to be a very successful one as an extraordinary turnaround in fortunes saw West Essex lift the EBHFL Division 1 title in 2008-09.

With success came an influx of new players and we were fortunate enough to reinstate the Reserve team who, under the guidance of Wesley Sotherton, won a trophy in their first season. The resulting celebrations culminated in them losing the trophy, but that's a story for another day.

At the end of the 2009-10 season, the management took the decision to withdraw the 1st XI from the Essex Business Houses League and move them to the Middlesex County Football League. The season that followed will live long in the memory as, in May 2011, it culminated with another trophy being added to the cabinet as West Essex were crowned champions of the MCFL Division 1 Central & East.

Promoted as Champions, in August 2011 West Essex had their first taste of Step 7 Football. Despite the season being blighted by injuries and suspensions, they finished it stationed safely in mid-table and took a few memorable scalps along the way. Further progress was made in 2012/13 as West Essex consolidated their MCFL Premier Division status with another mid-table finish, but with more points and a better record in all departments. Towards the end of the season new coach Kwame Kwateng joined with a view to adding some style to our obvious substance. 2013/14 was a memorable season for the club. Injuries, poor form and some appalling luck saw us staring down the barrel of relegation at the turn of the year. A fantastic run of form saw us finish the season sitting comfortably in mid-table and emerging victorious in the Alec Smith Premier Division Cup final. In 2014/15, we continued to make progress by attaining our highest ever MCFL Premier Division finish of 6th. We also gained more points, scored more goals and conceded less than in any previous season. In 2015/16, with our ground-share agreement in place at Barking FC, we took the decision to apply for promotion from the MCFL. We didn't lose a game from August 8th until January 2nd which included a run of 11 straight wins. But we couldn't shake off our fellow title chasers and promotion candidates. Our second appearance in 3 years in the Alec Smith Cup Final, you might argue, was an unwanted distraction. We lost the Alec Smith Final on pens having been 2 nil up with less than 30 mins to go. On the coach back from the final, devastated as we were, a chorus of "WE'RE GONNA WIN THE LEAGUE!!" broke out. 14 days later, that is exactly what we did. After losing to New Hanford on April 9th, we took 23 of the 27 points available to take the title from under LPOSSA's noses and were crowned champions of the MCFL Premier Division. In doing so, we guaranteed promotion to the Essex Senior League and a taste of semi-professional football for the first time in our short history.

WEST ESSEX

The summer of 2020 West Essex FC combined the senior and junior sections as a new 'through' club that gives us a structured pathway for children aged from 4 years, all the way through to our Senior 1st XI and covers all related areas of community football. Perhaps as important, is the bringing together of the key committee members of junior and senior football into one new and expanded club committee. This gives us the opportunity to leverage a vast skillset of our fully committed team, all of whom have incredible experience, knowledge and understanding of grassroots football. Mark Penfold, previously Chairman and founder of our junior football operation, now assumes the position of West Essex FC Chairman.

In April 2023 after an extraordinary stint of 10 years at the helm, the committee took the incredibly difficult and emotional decision to relieve Kwame of his duties and appointed his long-time assistant George Karsa as manager. George has tremendous pedigree, a strong network and compliments his excellent work ethic with a highly progressive footballing philosophy. We are united in our belief that George is the right man to drive the club forward on the next leg of our journey up the non-league pyramid.



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PHOTO REVIEW: BARKING 3-2 ST NEOTS TOWN (AET)

Tuesday 3 September 2024 – FA Cup 1st Qualifying Round Replay – Photos by Terry Gilbert



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HAVEN'T WE MET BEFORE?

Our last meetings with **West Essex** compiled by Terry Gilbert

September 6th 2024 - Essex Senior League

Barking 5 (George Forrest, Pat Ahern, Fahad Nyanja (2), Izzy Bademosi)

West Essex 1

October 7th 2023 - Essex Senior League

West Essex 2

Barking 0

February 4th 2023 - Essex Senior League

West Essex 2

Barking 4 (George Okoye, Sam Shaban 2, Kenedi Dariri)

January 24th 2023 - Essex Senior League

Barking 0

West Essex 1

April 23rd 2021 - Len Cordell Memorial Cup Group D

Barking 2 (Louis Dillon, Johnny Ashman)

West Essex 1

September 27th 2018 - Essex Senior League

West Essex 0

Barking 5 (James Peagram, Paul Oshin, Petrit Elbi 2, Matheus Santos)

ON THIS DAY

A selection of Barking games from this day in the past by Terry Gilbert

September 6th 2019 – Essex Senior League

FC Clacton 2

Barking 0

September 6th 2014 – FA Vase First Qualifying Round

Barking 1 (Ryan Creed Penalty)

Stanway Rovers 2

September 6th 2008 – FA Vase First Qualifying Round

Hanwell Town 1

Barking 1 (Sam Dennis) - *After Extra Time*

September 6th 2003– Isthmian League Division 1 North

Barton Rovers 1

Barking 0

September 6th 1994 – Isthmian League Cup First Round

Barking 2 (Jeff Wood, Winston Richards)

Wokingham Town 0

September 6th 1986 – Isthmian League Premier Division

Hayes 3

Barking 0

September 6th 1977 – Premier Midweek Floodlit League Section D

Barking 3 (Terry Sharpe 3)

Leyton-Wingate 3

BARKING 5-1 WEST ESSEX

Saturday 13 April 2024 – Essex Senior League

Barking recovered from a nightmare start to record a comfortable 5-1 victory over West Essex. West Essex took an immediate lead before a George Forrest equaliser, with Pat Ahern and Fahad Nyanja ensuring a 3-1 lead at the break. Another goal for Nyanja alongside one for Izzy Bademosi late on secured the points.

West Essex couldn't believe their luck just seconds in: -the ball was played back to Bleron Ademi but his clearance was blocked by Ike Okwusogu and the ball fell kindly enough for him to run on and slot the ball past Max Spence to give the away side a shock lead seconds in. Barking to their credit however were not perturbed by this and had their equaliser with seven minutes on the clock - a long throw was pinballing in the West Essex box before it fell to **George Forrest** on the edge of the box and his half-volley nestled into the bottom left corner of the net. Half chances fell to Kenedi Dariri and Izzy Bademosi as Barking continued to push, but they were reminded of the danger of their opposition after 30 minutes as Okwusogu managed to get past Pat Ahern but his powerful shot was straight at Spence. As half time beckoned, Barking continued to push and ended up with not one but two deserved goals - firstly Bleron Ademi's driven corner to the far post found **Pat Ahern** who used the power of the cross to nod the ball into the net. Barking doubled their lead moments later as they this time regained the ball shortly after kick-off - after good interplay with Bademosi **Fahad Nyanja** was played through on goal and he expertly opened his body up before side footing the ball past the goalkeeper and into the bottom right corner of the net to give Barking a 3-1 lead at half time.

The second half passed mainly without note for 30 minutes - Barking were happy to keep the ball in warm conditions with West Essex posing little threat to our experienced backline of George Forrest, Pat Ahern, Kenedi Dariri and Joe Clark. Barking did make it four after 74 minutes - Sam Dowridge playing Jack Dickinson down the wing and his low cross was met at the far post by **Fahad Nyanja** who gratefully poked the ball home. Barking still had time to make it five and they did so in stoppage time with more good football - this time substitute Warren Kayembe was released down the right wing and he cut the ball back to Izzy Bademosi who shot low and hard past Kris Ozols in the West Essex goal and into the net to score a deserved goal for him and round off a deserved three points for Barking.

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Barking Football Club

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Website: www.barking-fc.co.uk

E-Mail: secretary@barking-fc.co.uk



Barking FC are an unincorporated association run by a committee.

Club Personnel

President

Dave Blewitt

Life Vice Presidents

Eddie McClusky, John Wilson, Derek Pedder, John Harrison

Club Chairman: Rob O'Brien

Vice Chairman: Mick O'Shea

Club Secretary, Match Day Secretary & Treasurer: Keith Whittington

Website Editor & Archivist (on-line archives): Terry Gilbert

Match Day Programme Editor & Press Officer: Trevor Gilbert

Archivist (written and printed archives): Derek Pedder

Public Address System: Dave Blewitt

Boardroom Hospitality: Maureen Debenham

Clubhouse Hospitality: Debbie O'Brien & Mark Harris

Head Groundsmen: Rob O'Brien & Mick O'Shea

Ground Maintenance: Keith Whittington

Match Day Dressing Room Security: Archie Buckland

Club Safety Officer: John Hockley

Equality & Diversity Officer: Anna Russell

Matchday and Social Media Content Creator: Harry Bamotra

Matchday and Social Media Content Creator: Reece Lammin

First Team Manager: Jonny Fowell

First Team Assistant Manager: Darren Gosnell

First Team Coach: Lawrence Ashworth

Goalkeeping Coach: Rob Lewis

Veo Analyst: Paul Callender

Assistant Coach & Kitman: Taylor Bullman

Physiotherapist: Chantel Callinson

Under 23s Manager: Mel Ramsay

Academy Director: Mick O'Shea

Head of Youth Football & Welfare Officer: Anna Russell

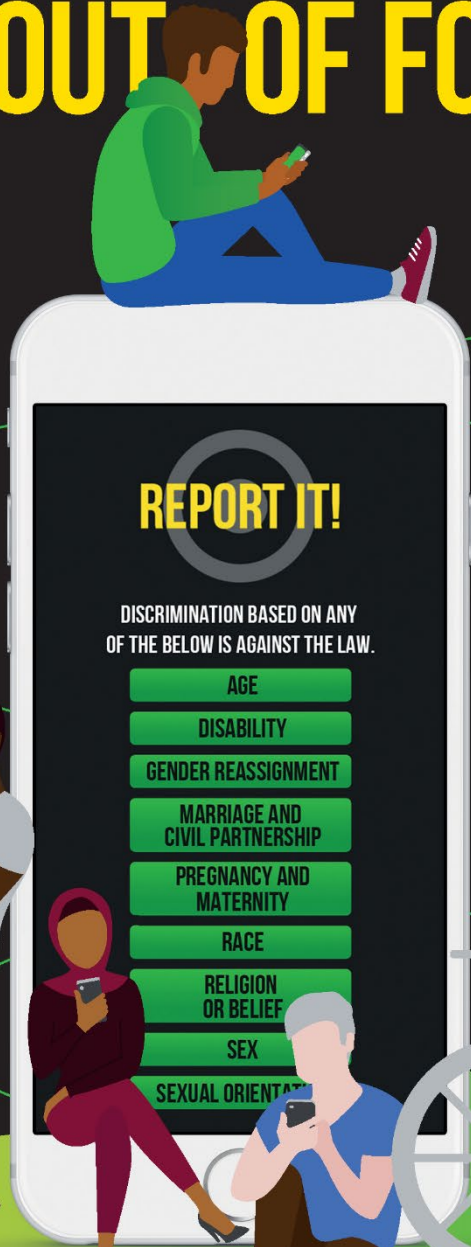
Sunday Team Manager: Joe Blewitt

Sunday Team Secretary: Julie Ricketts

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**Essex Senior League
Friday 6 September 2024
Kick Off 7:45pm**



Barking FC

Max Spence

Teddy Stacey

Jay Bacon

Sam Edwards

Ryan Cosson

Chris John

Andy Greenslade

Jerrold Cobblah

Izzy Bademosi

Marcel McDonald

Juwon Akintunde

Teddy Bowden

Steven Wade

Michael Mignot

Charlie Thomson

Presley Evans

No.

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West Essex

Lewis Edwards

Joel Lamb

Greg Frederick

Ryan Ramsay

Mitchell Arthur

Ed Plackett

Oliver Travell

Nathan Brathwaite

Yemi Adelani

Zak Oliver

Pascal Thornton

Sanchez Hardy

Balla Ndao

Darnell Asare-Williams

Matt McDowell

Argest Nela

Jonny Fowell (Joint-Manager)

Darren Gosnell (Assistant Manager)

Lawrence Ashworth (1st Team Coach)

George Karsa (Manager)

Michael Walther (Assistant Manager)

Josh Rogers (Coach)



Steven Walsh



Alfie Debono

Karl Dunnage

**NEXT UP AT LAWTECH STADIUM
TUESDAY 17 SEPTEMBER 7:45PM
FRENFORD
ESSEX SENIOR LEAGUE**